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Probation officer for adults- the specialist

The bridges against the walls - about difficult communication between the probation officer and the supervised.

An abstract

James Lynch- the doctor from the Psychological Clinic of the Maryland University, in his sum up concerning the researches of influence of interpersonal communication and physiological quality of life, has come to the conclusion, that "...being with other people influences our hearts (...), and the heart reflects biological background of our needs of having full of love relationships with other people , unfortunately when unfulfilled it brings the loss.(...) The final choice is simple: we must learn to live with other people otherwise we die too early in loneliness."

As far as psychological, philosophical or other related studies are concerned we know that people are social beings and their humanity is born thanks to communication (...) which is the way of expressing themselves, it serves to arrange different things, expresses feelings, convinces and persuades, so it is the precise process of defining who we are.

Living in a constant rush, we usually do not have time to think about the quality of our lives, whether it only depends on having food, warm clothes, a place to stay, good education or on closeness of other people and good contact with them.

Nowadays, we most often communicate using the Internet or different communicators rather than speaking 'face to face'. Unfortunately, we build around us high concrete walls, we isolate, withdraw or keep other people with a distance. The quality of our lives becomes poorer and poorer. What is more insensibility and being closed to people is a determinant of the present.

The article concerns verbal communication between the probation officer and the supervised which is not always nice and easy. One can become a slave to routine or a formalist. We not always realize that the way we treat the supervised influences the effects of our work and resocialization, as well as our further relationships. If we build high walls instead of bridges based on kindness, we can easily hurt other person's feelings and the same forget about cooperation and mutual understanding.